



Fundamental Dermatology for Primary Care

A 2-day course

Course Aim

To provide primary care health care professionals with evidence-based knowledge and practical confidence to up-skill dermatology care, and improve patient support for common skin conditions and ensure appropriate secondary care referral.

DAY 1. - Fundamental skin assessment and skin lesion recognition

- 9.00am COFFEE AND REGISTRATION
- 9.15am Introductions and agenda
- 9.30am Anatomy and physiology of normal skin
- 10.00am Pathophysiology of acne, eczema and psoriasis - what are the skin changes in common dermatology conditions?
- 11.00am COFFEE
- 11.15am The language of dermatology - how to describe what you see?
- 12.00pm Skin assessment and history taking - how to record what you see?
- 12.45pm LUNCH
- 13.30pm Recognising skin changes: skin lesions and skin cancer - when to worry challenge
- 14.45pm Screening for skin cancer and sun safety health care education guidance
- 15.30pm Dermatology resources and guidelines - where to find information?
- 16.15pm Course work and preparation for day 2
- 16.30pm Close

DAY 2. - Fundamental skin treatment and patient support

- 9.00am COFFEE AND REGISTRATION
- 9.15am Welcome back and course work review
- 10.00am Managing acne in primary care - with 'hands on' OTC and topical treatment for mild and moderate acne
- 10.30hrs Managing psoriasis in primary care - with 'hands on' topical treatment for mild and moderate chronic plaque psoriasis (including body and scalp application demonstrations)
- 11.00am COFFEE
- 11.15am Managing eczema in primary care - take the topical steroid challenge
- 12.00hrs Meet the patient/s find out more how patient self manage chronic skin conditions and what they would like primary care HCPs to know with an emphasis of psycho-social aspects
- 13.00pm LUNCH
- 13.30pm Practical emollient workshop - 'test, try and feel' to understand patient choice
- 14.15pm Skin infections - how to recognise/diagnose and manage?
- 15.00hrs Genital skin conditions - Update on lichen sclerosis recognition and treatment
- 15.30pm When to refer? Case study approach - group work (with TEA)
- 16.15pm Practice reviews, competencies and reflective discussion
- 16.30pm Evaluation and completion of course

Learning Outcomes

By the end of the course, delegates should:

- Improve skills in history taking, skin assessment and recognizing skin lesions
- Gain practical evidence-based knowledge (pharmacological and non pharmacological) on management of common skin conditions in primary care and know when to refer
- Increase clinical confidence in advising patient and colleagues on recognising and managing skin conditions; and supporting patients in self-management

This study day can be used towards CPD for health care professional revalidation; reflective discussion is included within the programme

Trainer: Julie Van Onselen, RGN, RSCN, DipN, DipMar, Teaching Cert, BA(Hons) Director and Educator, Dermatology Education Partnership Ltd

DEP Ltd offers dermatology education on behalf of the NHS and health care organizations. Julie has 25 years clinical dermatology experience; and is passionate about improving skin care and support for people through developing educational initiatives for both healthcare professionals and patients.

Cost: £190.00 (2-day course)



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Organised by: BBO Training together with Dermatology Education Partnership Ltd

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